

Wambogh NP

TREATMENT PROTOCOL

ACID INDIGESTION/GAS

1. Symptoms/Presentation:

- Heartburn, slight pressure in chest
- Possible mild nausea, “full” feeling
- Bloating sensation
- Usually following a meal with spicy foods, bacon, etc.
- Inmate states he/she frequently gets acid indigestion

2. Obtain medical history:

- Does inmate have a past history of cardiac/heart problems?
- If yes, contact Facility Nurse or Facility Physician for further instructions.
- If no, continue.

3. Give antacid (Mylanta, Pepto Bismol, or equivalent) 30 cc up to 2 – 4 times a day.

4. If heartburn persists within thirty minutes of administration of the above medication, contact the Facility Nurse or Facility Physician for instructions.